

# Queensland Race Walking Club Inc.

ABN 59 065 512 712

*Building on a fine tradition of race walking, 71 years in the making.*



May 21<sup>st</sup> 2026

## **Grande Prémio Internacional de Rio Maior em Marcha Rio Maior, Portugal, Saturday May 16<sup>th</sup>**

There were excellent wins for Alegna Gonzalez and Perseus Karlstrom at the Grande Prémio Internacional de Rio Maior em Marcha – a World Athletics Race Walking Tour Gold meeting – in Rio Maior, Portugal, on Saturday.

Karlstrom was a tired 12th place in Podebrady just seven days ago. Here, the 2023 world silver medallist improved his second place from 2025, while at the same time taking the prestigious scalp of Hayato Katsuki. The Japanese, who claimed world 35km bronze in Tokyo and won the marathon at the World Race Walking Team Championships in Brasília last month, sits eighth on the world all-time list, and clearly brimming confidence, Katsuki made a bid for home at 16km.

It looked as if the race was done, but somehow Karlstrom dug deep to slowly get back in touch and then pass Katsuki. The Japanese desperately attempted to regain the lead only to fall foul of the DQ board and sit out a time penalty with barely a lap to go.

Arms aloft, Karlstrom strode through the finish line in 1:25:27, with time to spare on eventual second-place finisher Matheus Correa from Brazil (1:27:06). “This was an incredible and very emotional win,” Karlstrom posted on Instagram after the race. “I’m so proud and so happy my body is starting to respond again. Hopefully I’ve had my bad period this season now it will be up and up.”

In contrast to the men’s half marathon, the women’s race was done and dusted by 6km. Even so, Gonzalez went solo to record a tremendous 1:32:15 – the fourth-fastest time recorded to date for the new race walk distance. The world 20km silver medallist from Mexico looked in control throughout. Karla Serrano had the race of her life to claim second place, setting a PB of 1:35:22, exactly five minutes better than her previous mark. Antigoni Ntrismpioti made up the podium in 1:36:33.

*Paul Warburton for World Athletics*

### **Men's Half Marathon Race Walk**

1. Perseus KARLSTRÖM SWE 1:25:27
2. Matheus CORREA BRA 1:27:06
3. Noel CHAMA MEX 1:28:16
4. Eduardo CAMARATE POR 1:31:52
5. Tiago RAMOS POR 1:34:50
6. Tiago SUCENA POR 1:37:08

7. João AFONSO OLIM POR 1:43:14
8. Amaro TEXEIRA POR 1:46:58  
Lucas MAZZO BRA DNF  
João Pedro VIEIRA POR DNF  
Jefferson SEGURA MEX DQ  
Hayato KATSUKI JPN DQ  
José Alejandro BARRONDO GUA DQ  
Bernardo Uriel BARRONDO GUA DQ  
Jordy Rafael JIMÉNEZ ARROBO ECU DQ

### **Women's Half Marathon Race Walk**

1. Alegna GONZÁLEZ MEX 1:32:15 AR
2. Karla Ximena SERRANO MEX 1:35:22
3. Antigoni NTRISMPIOTI GRE 1:36:33
4. Valeria ORTUÑO MEX 1:38:14
5. Valeria FLORES MEX 1:40:27
6. Magaly Beatriz BONILLA ECU 1:42:57
7. María Fernanda PEINADO GUA 1:46:08
8. Joana PONTES POR 1:46:56
9. Juliana GALVÃO POR 1:49:49
10. Isa FERREIRA POR 1:50:33
11. Sandra MONTEIRO POR 1:50:40
12. Sandra SILVA POR 2:07:18  
Margarida SÁ POR DNF  
Viviane LYRA BRA DQ

## **2026 Oceania Athletics Championships** **Darwin May 2026**

### **Results**

#### **Men 3000m RW 30-89 Masters**

- 1 Andrew Duncan Australia 17:18.39 Age: 58
- 2 Adam Patterson Australia 20:41.74 Age: 54
- 3 Chris Pollard 24:11.69 Age: 67  
Andrew Bone DQ TR54.7.5 Age: 57

#### **Women 3000m RW 30-89 Masters**

- 1 Anne Weekes Australia 18:25.14 Age: 63
- 2 Joy Dale Australia 22:46.54 Age: 54
- 3 Donna Palmer Australia 23:39.26 Age: 53  
Liz Neubauer Australia DQ TR54.7.5 Age: 75  
Dash Newington Great Britain & NI DNF Age: 41

### **Still to come**

#### **Friday 22 May**

10:00am Masters Women 5000m Racewalk

#### **Friday 22 May**

10:00am Masters Women 5000m Racewalk

Under 18 Women 5000m Racewalk

Under 20 Women 5000m Racewalk

11:00am Masters Men 5000m Racewalk

Under 18 Men 5000m Racewalk

Under 20 Men 5000m Racewalk

#### **Women 5000m RW Under 18**

- 1 Ela Uzun Australia Age: 15
- 2 Sophie Polkinghorne Australia Age: 16

- 3 Matilda Webb Australia Age: 17  
4 Eva Parker Regional Australia Age: 16  
5 Alysa Brown New Zealand Age: 17  
6 Annabelle Grant New Zealand Age: 16

**Women 5000m RW Senior**

- 1 Milly Sharpe Regional Australia Age: 18

**Women 5000m RW 30-89 Masters**

- 1 Joy Dale Australia Age: 54  
2 Dash Newington Great Britain & NI Age: 41  
3 Anne Weekes Australia Age: 63

**Men 5000m RW Under 18**

- 1 Callum Martin Australia Age: 15  
2 Noah Cooke Australia Age: 16  
3 Koby Irvine Regional Australia Age: 16  
4 Christopher Nilon Australia Age: 17

**Men 5000m RW Senior**

- 1 Ari Bennett New Zealand Age: 19  
2 Alex Bradley Regional Australia Age: 20

**Men 5000m RW 30-89 Masters**

- 1 Andrew Bone Australia Age: 57  
2 Adam Patterson Australia Age: 54  
3 Chris Pollard Australia Age: 67  
4 Mike Roberts Australia Age: 75

## RESULTS RESULTS RESULTS

### QRWC Handicap #4

#### Capalaba, Sunday May 17<sup>th</sup>

##### A Grade Men 15km

- Men: (1) Ignacio Jimenez 1.33.48 (2) Peter Bennett 1.44.16  
Women: (1) Brenda Gannon 1.37.32

##### A Grade Women:10k

- (1) Eliza Kelly 59.36 SB (2) Brenda Gannon 1.05.19 (3) Noela McKinven 1.34.12 SB  
DNS: Roslyn Kirwin, Phoebe Chadwick

##### B Grade 8km

- Men: (1) Paul Lindenberg 56.09  
Women: (1). Trish Hibbs 58.51

##### D Grade3km

- Men: (1) Caleb Lee 16.45 (2) Leo Ramsay 17.43 (3) Yoshua Lee 18.48  
Women: (1) Violet Conway 18.52 SB (2) Lilli Chu 24.07

##### F Grade 1km

- Women: (1) Cassandra Cohoner 6.33 (2) Mikayla Lee 6.42

## THIS WEEK

### QRWC Handicap Meet #5 Sunday May 24<sup>th</sup>

#### Kalinga Park, Clayfield

- 7.30am A Grade 10km  
8.00am E Grade 1.5km  
F Grade 1km  
8.15am B Grade 5km  
C Grade 3km  
D Grade 2km

## Entries Now Open

<https://www.revolutionise.com.au/qldracewalkingclub/events/356273>

### Race Fees Members \$5

Visitors \$10 enter on the day.

### Get ready for race day

- Get you entry in online before midday Saturday (Members)
- Give yourself plenty of time to familiarise yourself with the course ( 1km loop).
- If you are entering on the day please arrive 30 minutes before the start of your race.
- Existing Members don't forget wear your Race Numbers.
- New Members pick up your Race Numbers from the Check In desk (all entrants must be wearing race numbers back & front)
- Be on the start line at least 10 minutes before the scheduled start time of your race.
- Volunteer to lap score or time keep.
- Race hard & have fun.

## LBG Walking Carnival 2026

Saturday 6<sup>th</sup> & Sunday 7 June 2026



The 59<sup>th</sup> LBG Carnival will be held on Saturday 6<sup>th</sup> & Sunday 7 June 2026 at Stromlo Forest Park in Canberra. All club members are entitled to compete and represent the State.

### Saturday, 6th June 2026

Please sign up for Saturday sessions via the VRWC online entry portal.

<https://www.revolutionise.com.au/vrwc/events/345945>

#### Session 1 – Racewalking: A Practical Coaching Course for Coaches

**Time:** 9:00am – 1:00pm | **Cost:** \$50 | **Location:** AIS

**Session 2 – Race Walking Judging Seminar** 2:00pm – 3:00pm | **Cost:** \$5 | **Location:** AIS

#### Session 3 – Coaching Masterclass

**Clinic A – Master the Basics** Athletes aged 9+ who are new to race walking or want help with basic technique. **Time:** 2:00pm – 2:45pm | **Cost:** \$5

**Clinic B – Race Walking Masterclass** Experienced race walkers looking to refine their technique for high performance. **Time:** 3:00pm – 3:45pm | **Cost:** \$15 | **Location:** AIS

### Sunday, 7th June 2026

#### Morning Session

7:30am Open Men's & Women's Marathon

Open Men's & Women's Half Marathon.

11:30am Under 20 Men's & Women's 10km

Masters / Fitness Men's & Women's 10km

#### Afternoon Session

1:00pm Under 10 Boys & Girls 1km

1:15pm Under 12 Boys & Girls 2km

1:40pm Under 14 Boys & Girls 2km

2:00pm Under 16 Men's & Women's 3km

2:30pm: Under 18 Men's & Women's 5km

Masters / Fitness Men's & Women's 5km

3:20pm: Open Men's & Women's 5km

Under 20 Men's & Women's 5km).

## Entries

**Entries close at 6pm on Friday 29 May 2026.** Late entries will not be accepted.

Capital Athletics athletes will enter via the CA online entry portal

<https://www.capitalathletics.au/events/list/>

All other competitors must complete an online entry via the VRWC online entry portal.

<https://www.revolutionise.com.au/vrwc/events/342804>

This applies to both race walks and fitness walks.

## Event Entry Fees

Marathon \$50 / All CA championship events \$30 (Via CA portal)

RWA events \$25 Competitors may enter up to 3 events /Entry fees are non-refundable.

## Uniforms

All Race Walking Australia competitors **MUST** wear the uniform of their Club. Failure to do so may result in disqualification.

For your QRWC uniform go to [Shop - Qld Race Walking Club - revolutioniseSPORT](#)

# 2026 World Under 20 Championships Eugene, USA 5<sup>th</sup> – 9<sup>th</sup> August

## Australian Race Walking Team

**5,000m Racewalk Men:** Isaac Beacroft (NSW), Owen Toyne (ACT)

**5,000m Racewalk Women:** Sophie Polkinghorne (NSW), Zoe Woods (NSW)

## COMING EVENTS

### 18th Annual Gold Coast Road Walk Championships

#### Sunday May 31st Mudgeeraba

7.30am Open M/W 10km

8.00 am U10 M/W 1km

U8 M/W 0.5km

8.10am U20 M/W 5km

U18 M/W 5km

Invitational M/W 5km (non-championship event)

8.45am U16 M/W 3km

U14 M/W 2km

U12 M/W 2km

## Entries Now Open

<https://www.revolutionise.com.au/qldracewalkingclub/events/359818>.

## Important Details

- Venue: Mudgeeraba Little Athletics Club - Woodlands Park, Swanton Drive,
- All races are age-on-the-day (i.e. age as at 31<sup>st</sup> May 2026)
- Only one (1) race per person.
- Records will only be awarded to athletes who compete in their correct age group
- Athletes can compete out of their age group but will not qualify for records/awards
- Entry will be via the RevSport online portal. Non-members may enter on the day.
- Entry fee is \$5 for all athletes. Season Pass applies to this event.
- Medals will be presented at the conclusion of the meet

The course :10km race uses a 2km loop.1, 2, 3 and 5km races use a 1km loop.

0.5km race uses a 500m loop (250m out and back).

Our special thanks to Mudgeeraba Little Athletics Club for making their facilities available to us and to the Gold Coast Victory Athletics Club for their ongoing and generous support in providing placegetter medals.

There will be a club fundraising Sausage Sizzle at the conclusion of the meet followed by presentation of medals. More details next week.

## **Gold Coast Road Walk Championship Records**

Open 10km Men: B Dewar 44.12 2012  
Open 10km Women: Tayla Billington 47.45 2023  
U20 5km Men: L. McCutcheon 21.14 2017  
U20 5km Women: J. Pickles 25:04 2013  
U18 5km Men: J. Osborne 21:30 2011  
U18 5km Women: K. Hayward 22.39 2018  
U16 3km Men: Noah Cooke 13.18 2025  
U16 3km Women: K Hayward 13:26 2015  
U14 2km Men: B. Housden 9.03 2020  
U14 2km Girls: J. Anderson 9.18 2019  
U12 2km Boys: K Hayward 10:04 2016  
U12 2km Girls: J. Anderson 9.50 2017  
U10 1km Boys: K Hayward 5:09 2014  
U10 1km Girls: L. Williams 5.18 2017  
U8 .50km Boys: K Hayward 2:30 2012  
U8 .50km Girls F Williams 2.42 2022

### **4th Annual Coast2Coast International Meet 2026**

**Gold Coast Performance Centre, 1 Sports Drive, Runaway Bay**

**Draft Timetable**

**Monday 6 July 2026**

9.55am - 3000m Race Walk & 5000m Race

10.30am Walks

**[Enter Here](#)**

**[2026 Coast2Coast - Gold Coast Victory Athletics Club - revolutioniseSPORT](#)**

### **Queensland Athletics Road Walk Championships**

**Sunday July 12<sup>th</sup>**

**Brisbane International Cycle Park, Murarrie Recreation Reserve**

7.00am Half Marathon	Open Men Open Women Masters Men ( 30-59)
8.00am 10km	U20 Men U20 Women Masters Women Masters Men ( 60+)
9.00am 5km	U18 Men U18 Women U 16 Men U16 Women
9.30am 3km	U14 Men U14 Women
10.00am 2km	U12 Girls U12 Boys
10.15am 1km	U10 Girls U10 Boys

## **Entries Now Open**

[2026 Queensland Athletics Road Walk Championships - Queensland Athletics - revolutioniseSPORT](#)

**Entries close Tuesday 07 July 2026 9am**

Open athletes will be doing a half marathon so they will start at a different start point (97.5m) from everyone else and do that distance plus 21 full laps of the 1km loop. so will need 2 extra "lap" slots to cover the 1st 97.5m and the extra lap.

QA will require assistance in regards to timekeeping and lapscoreing. If you are available please email [info@qldathletics.org.au](mailto:info@qldathletics.org.au)

## **Sunday July 19th Racewalking Australia Postal Challenge Logan River Parklands, Beenleigh**

8.00am Open M/W 10km

U20 M/W 10km

U18 M/W 8km

8.10am U10 M/W 1.5km

Invitation (Non-challenge event) 500 metres

8.30am Invitation 5km (non-challenge event)

U16 M/W 5km

U14 M/W 3km

U12 M/W 2km

## **QMA Short Course Road Walks Championship Sunday July 19th Logan River Parklands, Beenleigh**

This event will be held in conjunction with QRWC Postal Challenge meet.

8.00am QMA Masters Men 10km

QMA Masters Men 5km (M60+ option)

QMA Masters Women 5km

## **QA All Schools Road Walk Championships / QRWC Handicap #9 Sunday July 26<sup>th</sup>**



### **All Schools Road Walk Events**

Under 20 10km Race Walk - Men / Women

Under 18 5km Race Walk - Men / Women

Under 16 5km Race Walk - Men / Women

Under 14 3km Race Walk - Men / Women

Under 12 2km Race Walk - Men / Women

Under 10 1km Race Walk - Men / Women

## **Entries Now Open**

[2026 Queensland All Schools Road Walk Championships - Queensland Athletics - revolutioniseSPORT](#)

**Entries close Tuesday 21 July 2026 9am**

### **QRWC Handicap Events**

A Grade 10km

B Grade 5km

C Grade 3km  
D Grade 2km  
E Grade 1km

**Proposed Venue** Murarrie Recreation Ground

We will require assistance in regards to timekeeping and lapscoreing. If you are available please email [info@qldathletics.org.au](mailto:info@qldathletics.org.au)

**UniSC Athletics Winter Carnival**

**August 2<sup>nd</sup> Sippy Downs**

**Event medalling age groups / distances:**

- 8 years - 700mW
- 9/10 years - 1100mW
- 11/12 years 1500mW
- 13/14 years - 1500mW
- 15/16 years - 1500mW
- U14, U16, U18, U20, OPEN, Masters - 3000mW

**2026 WALKS CALENDAR**

*Walking is a simple yet powerful activity that improves heart health, strengthens muscles and bones, boosts mood, and can extend your lifespan.*

*Rules of Race Walking*

*There are two basic rules in Race Walking: • Contact: The athlete must never have both feet off the ground at once. • Knees: The advancing leg must be straightened (not bent at the knee) from when the foot first makes contact with the ground until the vertical upright position.*

MONTH	DATE	EVENT	VENUE
April	26	QRWC Handicap #2	Beenleigh
May	3	QRWC Handicap #3	Yeronga
	10	Mother's Day	No club competition
	17	QRWC Handicap #4	Capalaba
	19-22	Oceania Athletics Championships	Darwin
	24	QRWC Handicap #5	Kalinga Park
	31	Gold Coast Road Walk C/Ships	Mudgeeraba
June	7	LBG Federation Meet	Mt Stromlo Canberra
	14	QRWC Handicap #6	Yeronga
	21	QRWC Handicap #7	North Lakes
	28	QRWC Handicap #8	Kalinga Park
July	5	Gold Coast Marathon	Southport
	12	QA Road Walk Championships	Murarrie
	19	RWA Postal Challenge/ QMA Short course Road Walk Championships	Beenleigh
	26	QA All Schools Road Walk Championships/ QRWC Handicap #9	TBC
	31	Comm Games 10km Men	Glasgow
August	1	Comm Games 10km Women	Glasgow
	2	UniSC Athletics Winter Carnival	Sippy Downs
	8	WA U20 Championships	Oregon USA

	9	<b>QRWC Track Championships</b>	<b>UQ St Lucia</b>
	16	<b>QRWC Handicap #10</b>	<b>Capalaba</b>
	22- Sept 3	WMA Outdoor Championships	Daegu. South Korea
	<b>23</b>	<b>AA Junior Road Walk C/Ships</b>	<b>Ballarat</b>
	<b>30</b>	<b>QRWC Road Walk C/Ships</b>	<b>Beenleigh</b>
September	6	Father's Day	No club competition
	<b>13</b>	<b>Presentations/Relays/BBQ Day</b>	<b>Sandgate Lagoon</b>
November	8	PPMG 10km Road Walk	Runaway Bay
December	4-6	AA All Schools Championships	Perth

Any membership questions please email the Registrar [qrwcregistrar@gmail.com](mailto:qrwcregistrar@gmail.com)

## QRWC Uniforms

Wearing a club uniform at our club meets is desirable but not compulsory. All Race Walking Australia event competitors **MUST** wear the uniform of their Club, as registered with Race Walking Australia. Failure to do so may result in disqualification.

[Shop - Qld Race Walking Club - revolutioniseSPORT](#)



### **WMA Outdoor Championships August 22-September 3 Daegu Stadium, Daegu S.K.**

**Entries close 23rd June**

#### **Walk Schedule**

August 22nd 10km Road Walk

August 29th 20km Road Walk

September 2nd 5,000 metre Track Walk



**ENTER HERE** <https://entermastersgames.com/>

#### **Road Walk -10km**

Sunday 8 November: 7:00am Luke Harrop Cycle Circuit, Runaway Bay

#### **Track & Field**

Saturday 7 November Gold Coast Performance Centre – 5,000 metre walk

Sunday 8 November Gold Coast Performance Centre – 3,000 metre walk (PM )

*A final program of events including event start times will be available after entries have closed*

#### **Games Fees**

- **\$140 Early Bird** (3 March – 31 May)
- **\$155 Saver** (1 June – 31 August)
- **\$170 Standard** (from 1 September)

## Sports Fees

- **Track** \$55 Admin Fee (Includes 1 Event)  
\$25 for each additional event
- **10km Road Walk** \$30

## 2027 Oceania Masters Athletics Championships Christchurch New Zealand



The 2027 Oceania Masters Championships will be held from Wed 27 to Sun 31 January,

**Venue:** Nga Puna Wai Sports Centre Augustine Drive Wigram Christchurch 8025 (7.1km from CBD)

### DRAFT PROGRAMME

Wednesday 27th January 2027 3,000m Track Walk

Friday 29th January 2027 1,500m Track

Sunday 31st January 2027 5,000m Track Walk

**Early Bird Registration Open** (1st September 2026) NZD \$60.00

**Normal Registration** (26th October 2026) NZD \$90.00

**Event Fee** NZD \$20.00

**Entries CLOSE Sunday 13th December 2026**

## Important Masters Meets in 2027

### 2027 AMA National T & F Championships

- Date: April 23 – 26, 2027
- Venue: WA Athletic Stadium, Floreat, WA
- **Walks Course** Perry Lakes Reserve is the location for the 10km walk. The 2km circuit is a certified relatively flat, well shaded and picturesque course around one of the Lakes.

[Perth 2027 | Australian Masters Athletics Championships](#)

## The AA National Coaching Conference & Women in Coaching & Leadership Day

brings together coaches from across Australia and around the world to connect, learn, and lead the future of athlete development in athletics.

**Hosted at the University of Queensland in Brisbane from Friday 9 to Sunday 11 October 2026**, this three-day conference will explore what it means to be future-ready as we build toward the Brisbane 2032 Olympic and Paralympic Games.

The conference will feature leading experts from Australia, Oceania, and internationally, alongside strong opportunities for connection and collaboration through structured networking sessions. The conference centres on equipping coaches with the tools, knowledge, and network needed to evolve training environments, athlete support systems, and performance practice. From community participation through to high performance, the program will deliver practical, real-world insights where technical mastery meets innovation and impact.

**Dates:** 9–11 October 2026

**Location:** University of Queensland, Brisbane

**Registration Fees**

**Early Bird:** (closes 1 June 2026):

2-Day Pass: \$300

3-Day Pass (AANCC + Women in Coaching & Leadership Day): \$300

**Standard:**

2-Day Pass: \$350

1-Day Pass: \$250

3-Day Pass (AANCC + Women in Coaching & Leadership Day): \$400

Women in Coaching & Leadership Day Only: \$100

**Register Here**

[National Coaching Conference and Women in Coaching and Leadership Day - Australian Athletics - revolutioniseSPORT](#)

## 2026 World Race Walking Tour Meets

23 MAY XXXIX Gran Premio Cantones de A Coruna de Marcha La Coruña ESP

31 MAY V GPI Madrid Marcha Silbo Telecom Gran Via, Madrid ESP

06 JUN Záhorská 20, 57th edition Borsky Mikulás SVK

24 OCT Lusatian Race Walking Weinauparkstadion, Zittau GER

20 DEC World Race Walking Tour St Anne's Park, Dublin IRL

## QRWC Handicap Meets and Points

- At the end of the season trophies are awarded to the first three places, male and female, in each grade based on total accumulated points from club Handicap race meets during the season.
- Handicap points are awarded to the top 7 place-getters within the sealed or non-sealed handicaps as per the above table.  
The member placed 1st, based on the handicap results, receives the highest points
- Starting points are awarded for starting the event.
- Completed points are awarded for finishing the race distance.
- The Best Season Performance. To be awarded handicap points for the best season performance, the member must have competed in a prior Racewalking Queensland or Queensland Athletics road walking event over the same distance during the current winter season.
- To maximise your points for the season it is recommended that an athlete stays in the same grade for the season. An athlete is permitted to change grades once in a season without losing points but you must notify the Secretary of your intentions beforehand.
- An athlete must compete in at least 5 designated Handicap races during the season to be eligible for end of season handicap points awards.

## QRWC Membership

[Membership - Qld Race Walking Club - revolutioniseSPORT](#)

**QRWC Membership Fee \$25.00** ((club fee on top of Qld Athletics membership)

## “L” Grade for those new to racewalking

Would you like to be a competition race walker but just not confident enough at the moment to fully put yourself out there on race day? You can now test yourself and build up your confidence during our Sunday morning winter road walk meets.

Just register as a club member and enter the distance you would like to do. It is important though that you let us know if you wish to be in “L” grade as our handicapper & race officials all need to be aware of this. Please email club Secretary & Handicapper Noela McKinven if you wish to have a go at race walking as an “L” grader at [noelarhoda@gmail.com](mailto:noelarhoda@gmail.com)

In “L” Grade the following with apply

- Receive feedback from judges and coaches
- Will not be disqualified while in “L” grade.
- Stay in “L” grade until you feel comfortable enough to enter handicap races.
- Is for all ages.
- Eligible for starting and finishing points

If you have any questions please ask. It will be important to remember to inform the Handicapper (before a race) if you no longer wish to be an “L” grade walker and want to compete in a Handicap race (for points).

## **Racewalking Queensland Management Committee 2026/27**

**President:** P Bennett

**Vice President:** B Gannon

**Secretary:** N. McKinven

**Treasurer:** N. McKinven

**Committee:** S Pearson, I Jimenez, R Wales, J Dale, S Dale, A Bradley

**Patron:** S Perkins

**Registrar:** S Dale

**Handicapper:** A Guevara / N McKinven

**Uniforms:** S Dale

**Publicity / Media:** P Chadwick / C Chadwick

**Results:** R Wales / N McKinven

**Newsletter Editor:** P. Bennett

**Equipment Officer:** Ignacio Jimenez & Noela McKinven

**Canteen Convenor:** R Wales, J Dale

**Blue Card Co-ordinator:** B Gannon

**Club Captains:** Phoebe Chadwick, Alex Bradley

## **Blue Cards**

As part of our legal obligations and a condition of our affiliation with QA we must maintain a current Blue Card register. We have a duty to be fully aware of exactly who is coaching or providing services to our members, particularly when those members include children or young people under 18.

**Equally important is ensuring that every coach or provider engaged in child-related activities holds a current and valid Blue Card, as required under Queensland legislation.**

Our club will continue to ensure that we are meeting our duty of care and fulfilling and our legal obligations under the Working with Children (Risk Management and Screening) Act 2000. [Individuals requiring a blue card | Your rights, crime and the law | Queensland Government.](#)

*If you have any questions or require assistance, please don't hesitate to contact our club Blue Co-ordinator [bluecardqrwc@gmail.com](mailto:bluecardqrwc@gmail.com)*

## **Race Walk Coaching**

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3  
Shane Pearson Walks Level 3  
Steve Langley Walks Level 3 Performance coach  
Jasmine-Rose McRoberts Level 2 Club coach  
Argenis Guevara Level 2 Development coach  
Katya Martin Level 1

**Contact emails:**

[qrwc1@optusnet.com.au](mailto:qrwc1@optusnet.com.au) Membership, coaching or general enquiries about the club

[racewalkqld@outlook.com](mailto:racewalkqld@outlook.com) Articles for the newsletter, to send in results, to join newsletter mailing list.

Website [Queensland Race Walking Club](#)

**About us** *Racewalking Queensland* conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.